



USA Track & Field Developmental Meet

Youth, Open, Masters &

High School Region 7 HS JV Region

Tues., May 16th

Mountain View High School

665 W Center St. Orem, Utah 84057

Any questions contact – Mike Strauss 801-836-4811

We are combining 2 meets to allow the USATF kids to have the chance to see some High Schoolers in action and to show the High schoolers that they have options to continue running with USATF clubs so coaches bring flyers if you'd like to recruit some of the high schoolers at this meet. It has High schoolers from Corner Canyon, Skyridge, Mountain View, Timpanogos, Orem, Provo, & Timpview.

4:00 p.m. USATF Registration Open - \$3.00 per event (for USATF)

4:00 p.m High School Only Field Events

Long Jump (open pit)

Javelin (open pit)

Discus (open pit)

Shot Put (open pit)

High Jump girls than boys

5:00 p.m. - Order of Events

1500m Run	All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters, High School
110m Boys Hurdles	High School , 15-16B(39"), 17-18M(39"), Open/Masters
100m Hurdles	High School , 15-16G(33"), 17-18W(33"), 13-14B(33"), 13-14G(30"), Open/Masters
80m Hurdles	11-12G(30"), 11-12B(30")
100m Dash	All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters, High School
4x100m Relay	All Age Divisions - 8 & under G/B – 17-18 W/M, High School
400m Dash	All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters, High School
3000m Run	11-12G/B, 13-14G/B, 15-16G/B, 17-18W/M, High School
200m Hurdles	13-14G(30"), 13-14B(30")
300m Hurdles	High School
800m Run	All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters, High School
200m Dash	All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters, High School
4x400m Relay	All Age Divisions - 8 & under G/B – 17-18 W/M, High School