



## **BISHOP GORMAN HS in LAS VEGAS, NV**

### **August 3-5, 2018**

Join us in fabulous Las Vegas, NV for an exciting weekend of track & field coaching education. The USATF Coaching Education Level 1 program is a starting point for all track and field coaches. One of the objectives is to put all coaches on a common platform (i.e., speaking the same language). The Level 1 program covers all track & field events (sprints, hurdles, endurance, jumps & throws) in a foundational manner by emphasizing sport science, fundamentals, rules, safety/risk management, and instruction techniques. Level 1 prepares individuals to coach junior high school, high school, club, and age group athletes. The Level 1 School is a 20+ hours of instruction spread over 3 days of classroom lecture and hands-on training. Attendance at all sessions is required.

#### **Tyrel Cooper:**

School Director, Head T&F Coach at Coronado HS in Las Vegas, NV. Track & XC Coordinator for Clark County School District. Asst Coach with Triple Crown Athletics. USATF L2 certified in Endurance, Sprints & Hurdles, and Combined Events. USATF L3 certified in Endurance.

#### **Melissa Ferry:**

Head T&F and XC Coach at Virginia Union University (35 All-Conference, 7 CIAA individual titles, NCAA & USATF Indoor Nationals qualifiers). Presenter at US Coaches Conference, NACWAA and NASSM. USATF L2 certified in Sprints & Hurdles, and Youth Specialization.

#### **April Smith:**

Throws coach at Fresno St University (5 conference champions, 7 NCAA qualifiers, 2 All-Americans). Lead coaching instructor for Central California. 2013 Jr Pan American Games coach. USATF L2 certified in throws and combined events. USATF L3 certified in throws.

**Register online at [usatf.org/groups/coaches/education/schools](http://usatf.org/groups/coaches/education/schools)**

Preregistration fee of \$205 valid through July 20, 2018  
Late and OnSite registration fee (\$255) applied after July 20, 2018  
(school checks accepted for registration, contact Tyrel Cooper for details)

#### **Weekend Schedule:**

Friday, August 3<sup>rd</sup>: 5:00pm – 10:00pm  
Saturday, August 4<sup>th</sup>: 8:30am – 7:00pm  
Sunday, August 5<sup>th</sup>: 8:30am – 3:00pm

**Contact School Director Tyrel Cooper for more information:**  
[coopertyrel@yahoo.com](mailto:coopertyrel@yahoo.com)      **702-250-2711**

