



THE ORTHOPEDIC SPECIALTY CENTER

in MURRAY, UT July 20 & 21, 2018

USA Track & Field is excited to announce a great weekend of track & field coaching education. The USATF Coaching Education Level 1 program is a starting point for all track and field coaches. One of the objectives is to put all coaches on a common platform (i.e., speaking the same language). The Level 1 program covers all track & field events (sprints, hurdles, endurance, jumps & throws) in a foundational manner by emphasizing sport science, fundamentals, rules, safety/risk management, and instruction techniques. Level 1 prepares individuals to coach junior high school, high school, club, and age group athletes. The Level 1 School is a 20+ hours of instruction spread over 2 days of classroom lecture and hands-on training. Attendance at all sessions is required.

Tyrel Cooper:

School Director, Head T&F Coach at Coronado HS in Las Vegas, NV. Track & XC Coordinator for Clark County School District. Asst Coach with Triple Crown Athletics. USATF L2 certified in Endurance, Sprints & Hurdles, and Combined Events. USATF L3 certified in Endurance.

Melissa Ferry:

Head T&F and XC Coach at Virginia Union University (35 All-Conference, 7 CIAA individual titles, NCAA & USATF Indoor Nationals qualifiers). Presenter at US Coaches Conference, NACWAA and NASSM. USATF L2 certified in Sprints & Hurdles, and Youth Specialization.

April Smith:

Throws coach at Fresno St University (5 conference champions, 7 NCAA qualifiers, 2 All-Americans). Lead coaching instructor for Central California. 2013 Jr Pan American Games coach. USATF L2 certified in throws and combined events. USATF L3 certified in throws.

Register online at usatf.org/groups/coaches/education/schools

Preregistration fee of \$205 valid through July 6, 2018

Late and OnSite registration fee (\$255) applied after July 6, 2018
(school checks accepted for registration, contact Tyrel Cooper for details)

Weekend Schedule:

Friday, July 20th: 8:00am – 9:30pm

Saturday, July 21st: 8:00am – 8:30pm

The USATF logo, featuring a stylized flame with a star inside, positioned above the text "USATF".

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Contact School Director Tyrel Cooper for more information:

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702-250-2711

