



Wolfpack Invitational Track & Field Meet Saturday- June 4, 2022 Jordan HS 12943 South 700 East

MEET WEBSITE: [Track & Field | USA Track & Field Utah \(usatf.org\)](http://Track & Field | USA Track & Field Utah (usatf.org))

Clubs and unattached athletes must register and pay online at runnercard.com by 12:00 p.m. Friday, June 3, 2022. Late entries will not be accepted. Fees will only be accepted online. There is no team registration. Individuals must register themselves. The Accuracy of data entered is the responsibility of each athlete. Please validate data within runnercard for accuracy prior to submitting entry.

Age Division	Year of Birth
8 & Under	2014+*
9 - 10	2012-2013
11 - 12	2010-2011
13 - 14	2008-2009
15 - 16	2006-2007
17 - 18	2002-2005**

* Per USATF Rule 300.1 (c) "Athletes must be at least seven (7) years of age on December 31 of the current year to compete at the Youth Athletics or Junior Olympic National Championships."

** Athletes who are still 18 through the final day of the USATF National Junior Olympic Track & Field Championships are eligible to compete in the 17-18 age division through that meet. This extended eligibility does not apply to cross country events.

Entry & Fees: \$5.00 per event, \$8 per relay. Athletes will receive bib numbers at the meet. Lost bib replacement charge is \$10.00.

Awards: Awards will be presented shortly after the conclusion of each event.

Contact: Meet Host: Michele Brinkerhoff Mbrink158@msn.com
Meet Director: Teren Jameson wolfpackmeetdirector@gmail.com

Rules & Conduct: USA Track & Field Competition Rules will govern. Coaches and parents are responsible for the conduct of their athletes. Failure to maintain proper control or display good sportsmanship may result in the removal of a team or individual from further competition, or the expulsion of a coach, parent, or spectator. Once the meet begins, only

competing athletes and working officials will be allowed on the track or infield, except in the case of medical emergencies.

Protests: Protests relating to matters, which develop during the conduct of the meet, must be made to the Referee, at once and not later than (30) thirty minutes after a result has been announced. All protests must be made in writing and accompanied by a \$100.00 cash deposit. The deposit will be refunded if the protest is upheld and forfeited if the protest is denied.

Uniforms: All relay team members must wear a top and shorts of the same color. Body suits must be of the same colors also.

Implements: Implements will not be inspected. If you do not have implements some will be provided.

Equipment: Any legal baton may be used. Only starting blocks provided by meet management may be used. The maximum spike length allowed for running and field events is 1/4". Absolutely no needle nose or Christmas tree spikes will be permitted. This will be strictly enforced. Athletes with spikes that do not meet this requirement will not be admitted to their event.

Athlete Check-In: Athletes must check-in 20 minutes before the scheduled start of their event. Any athlete not checked-in by the last call for their event will be automatically scratched.

Parking: All teams and spectators will park in the parking lots.

Participant Admission: All athletes, coaches, and spectators can enter through the main entrance. No entry fee for spectators.

Participant Seating: Tents are allowed on the grassy areas around the track, except in main entrance area. Coolers and food may be brought into the stadium. No glass containers, smoking, or alcohol will be allowed.



**USATF Utah Development
Track & Field Meet
Saturday- June 4, 2022
Jordan HS 95 E 9825 S Sandy, UT**

Schedule of Events

Start times are listed below. Meet will be a rolling schedule. It is up to the coaches, athletes, and parents to pay attention to what's going on at all times.

8:00 a.m.

Packet/Bib # Pickup – Coaches will have your Bib # if you are with a club. If you are unattached, you can pick it up at Registration.

8:30 a.m. Field Events

Long Jump

Javelin

High Jump

Discus

Shot Put

8 & Under G/B 9-10 G/B, 11-12 G/B, 13-14 G/B 15-18 G/B & Master
15-18 B & Master, 13-18 G & 13-14 B, 11-12 G/B, 8-10 G/B

Will Start at 3'0" and raise the bar in 2" increments – come in at the height you need to. Get marks before we begin and let officials know when you are coming in so you can get your warm-ups in

11-12G/B, 13-14G/B, 15-16G/B, 17-18W/M, Open/Masters

8 & Under G/B, 9-14 G & 9-12B, 13-14 B & 15-18 G, 15-18 B & Masters

8:30 a.m. Track Event

3000m Run

110m Hurdles

100m Hurdles

80m Hurdles

100m Dash

1500m Run

4x100m Relay

400m Dash

800m Run

200m Dash

4x400m Relay

200m Hurdles

400m Hurdles

11-12 G/B, 13-14 G/B, 15-16 G/B, 17-18 W/M, Open/Masters

15-16B(39"), 17-18M(39"), Open/Masters

15-16G(33"), 17-18W(33"), 13-14B(33"), 13-14G(30"), Open/Masters

11-12G(30"), 11-12B(30")

All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters

All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters

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All Age Divisions - 8 & under G/B – 17-18 W/M, Open/Masters

13-14G(30"), 13-14B(30")

15-16B(36"), 17-18M(36"), 15-16G(30"), 17-18W(30"), Open/Masters

HURDLE SPECIFICATIONS

DISTANCE	DIVISION	# HURDLES	HEIGHT	TO FIRST	INTERVAL	TO FINISH
80m	11-12G, 11-12B	8	30"	12m	7.5m	15.5m
100m	13-14G	10	30"	13m	8.0m	15.0m
100m	13-14B,15-16G, 17-18G	10	33"	13m	8.5m	10.5m
100m	15-16B, 17-19M	10	39"	13.72m	9.14m	14.02m
110m	13-14B, 13-14G	5	30"	20m	35m	40m
200m	15-16G, 17-18W	10	30"	45m	35m	40m
400m	15-16B, 17-18M	10	36"	45m	35m	40m

IMPLEMENTS SPECIFICATIONS

<u>Mini Javelin</u>	<u>Javelin</u>	<u>Discus</u>	<u>Shot Put</u>
8 & under G/B - 300g	13-18G - 600g	11-18G - 1kg	8 & under G/B - 2kg
9-10G/B - 300g	13-14B - 600g	11-14B - 1kg	9-14G 6lb
	15-18B - 800g	15-16B - 1.6kg	9-12B - 6lb
<u>*Aero Javelin*</u>		17-18M - 1.6kg	13-14B - 4kg
11-12G/B - 450g			15-18G - 4kg
			15-18B - 12lb