

Race Cats Invitational

Davis High School May 10th @ 4:00PM

Order of TRACK Events

4:00PM 3000m run-ages 11 & older

60m hurdles-ages 10 & under

80m hurdles-ages 11-12, masters

100m hurdles-ages 13 & older girls

110m hurdles-ages 13 & older boys

100m dash

1500m run

400m dash

4 x 100m relay

800m run

200m dash

4 x 400m relay

FIELD Events (open pit *except High Jump and Pole Vault)

4:00-5:30 PM Long Jump: 10 and under

4:00-5:30 PM Shot Put: ages 10 and under

4:00-5:30 PM Javelin: ages 11 and older

4:00-5:30 PM Pole Vault: All Ages

4:00-5:30 PM High Jump: - session #1 (The bar will begin at 3'2" for both sessions of HJ. Choose which

session will work best for your athlete's schedule.)

5:30-7:00 PM Long Jump: ages 11 and older

5:30-7:00 PM Shot Put: ages 11 and older

5:30-7:00 PM Javelin: ages 10 and younger

5:30-7:00 PM High Jump: - session #2 (The bar will begin at 3'2" for both sessions of HJ. Choose which session will work best for your athlete's schedule.)

PLEASE NOTE:

- *This is a rolling schedule. We will move ahead whenever possible.
- *Please get a bib sticker from your coach before your first event.
- *At first call, make your way to the starting line to check-in.
- *In all running events, the youngest will go first and girls will be followed by boys.
- *"Open pit" means that you may get your marks at any time during the time frame as long as you are in that age division.
- *We will end the meet with a coaches/parents/family 4x400M division! Please email <u>jami.caldwell@gmail.com</u> if interested!)
- *The infield will be primarily closed to everyone except athletes, officials and volunteers.

REGISTRATION:

- Registration will be done through SportTrax by your club team coach and will open Tuesday April 30.
- If you wish to compete Unattached please register on SportTrax!
- All athletes must register ahead of time, registration will close at 7:30 AM on Friday, May 9th.
- We will NOT have day of registration
- Cost of meet is \$5/event
- Coaches must register their athletes

Year of Birth Age Division

born 2017+: 8 & Under born 2015-2016: 9-10 born 2013-2014: 11-12 born 2011-2012: 13-14 born 2009-2010 15-16 Born 2007-2008 17-18

 $\hbox{*Contact $\underline{jami.goracecats@gmail.com}$ or $\underline{carriefredin@gmail.com}$ with questions!}$