



Rising Wolves Developmental Meet

May 23, 2026

RHS

11:30AM

Order of TRACK Events

11:30AM 3000m run-ages 11 & older
80m hurdles-ages 11-12
100m hurdles- ages 13-14 Boys, 13+ Girls
110m hurdles-ages 15 & Older boys
100m dash
400m dash
800m run
4 x 100m relay *OPEN*
200m dash
1500m run
4 x 400m relay *OPEN*

FIELD Events (open pit)

11:30-2:00PM Long Jump

PLEASE NOTE:

*This is a rolling schedule. We will move ahead whenever possible.

*Please get a bib sticker from your coach before your first event.

*At first call, make your way to the starting line to check-in.

*In all running events, the youngest will go first and girls will be followed by boys.

*"Open pit" means that you may get your marks at any time during the time frame as long as you are in that age division.

*The infield will be primarily closed to everyone except athletes, officials and volunteers.

REGISTRATION:

- Registration for unattached and non Rising Wolves athletes can be done through [HERE](#)
- Strict registration deadline of **10:00AM on Tuesday, May 19th.**
- We will NOT have day of registration, except relay registration
- Cost of meet is \$5/event, except relays
- Relay registration will be day of, team members must be registered for one other event

Year of Birth Age Division

born 2018+: 8 & Under

born 2016-2017: 9-10

born 2014-2015: 11-12

born 2012-2013: 13-14

born 2010-2011 15-16

Born 2008-2009 17-18