



Tony Glover Memorial Meet

Location: Timpanogos high school 1450 N 200 E, Orem, UT 84057

Coaches meeting will be at the finish line at 8:30

National anthem will begin at 8:50

Paying tribute to Tony 8:55

Start time will be 9:00am.

3000M run - age 11+

80M hurdles - ages 11-12

100M hurdles - ages 13 & older

110M hurdles - ages 15 & older

The Athlecare 100M dash

1500M run

400M dash

4 x 100M relay

200M hurdles - ages 13 & 14

400M hurdles - ages 15+

800M run

200M dash

4 x 400M relay

Field events

Long jump 9:00 : Girls Long jump 8 and under pit 1

Boys Long jump 8 and under pit 2

Girls Long jump 9 and 10 pit 1

Boys Long jump 9 and 10 pit 2

Girls Long jump 11 and 12 pit 1

Boys Long jump 11 and 12 pit 2

Girls long jump 13 and 14 pit 1

Boys long jump 13 and 14 pit 2

Girls long jump 15 and 16 pit 1

Boys long jump 15 and 16 pit 2

Girls long jump 17 and 18 pit 1

Boys long jump 17 and 18 pit 2

Woman's Open/ Masters pit 1

Men's Open/ Masters pit 2

Triple jump (after long jump): Girls 13 and 14 pit 1

Boys 13 and 14 pit 2

Girls 15 and 16 pit 1

Boys 15 and 16 pit 2

Girls 17 and 18 pit 1

Boys 17 and 18 pit 2

Woman's open/ Masters pit 1

Men's Open/ Masters pit 2

Shot put 9:00: Girls 15 and 16

Boys 15 and 16

Girls 17 and 18

Boys 17 and 18
Woman's Open / masters
Men's Open/ masters
Girls 8 and under
Boys 8 and under
Girls 9 and 10
Boys 9 and 10
Girls 11 and 12
Boys 11 and 12
Girls 13 and 14
Boys 13 and 14

9:00 Javelin: Girls 11 and 12

Boys 11 and 12
Girls 13 and 14
Boys 13 and 14
Girls 15 and 16
Boys 15 and 16
Girls 17 and 18
Boys 17 and 18

Woman's open/ Masters

Men's open/ Masters

9:00 Discus: Woman's Open/ Master

Men's Open/ Masters
Girls 17 and 18
Boys 17 and 18
Girls 15 and 16
Boys 15 and 16
Girls 13 and 14

Boys 13 and 14

Girls 11 and 12

Boys 11 and 12

High jump session one: the bar will start at 3ft 2 for both sessions. You can choose session works for your athlete's schedule.

High jump session two will start after session one: the bar will start at 3ft 2 for both sessions. You can choose session works for your athlete's schedule.

General Guidelines of the meet.

This will be a rolling schedule so make sure to be at the meet at least 20 to 30 prior to your event. For field events there will be a prelim and a final unless there are only 9 or less athletes signed up then we will give the athletes 4 attempts. Athletes in the 8 and under will only get 4 attempts. Each field event will get 10 minutes for warmups. For Check in athletes will need to check in at their events we will not be using a bull pin. Open/ Masters will include any athlete of the ages 19 and older.

RULES & CONDUCT:

USA Track & Field Competition Rules will govern. Coaches and parents are responsible for the conduct of their athletes. Failure to maintain proper control or display good sportsmanship may result in the removal of a team or individual from further competition, or the expulsion of a coach, parent, or spectator.