



UTAH ASSOCIATION YOUTH CROSS COUNTRY CHAMPIONSHIP

SATURDAY, NOVEMBER 4, 2023

COTTONWOOD COMPLEX
4400 S. 1300 E. Millcreek, UT 84124

USATF UTAH ASSOC JR OLYMPIC CHAMPIONSHIP



Registration

USATF Membership and Age Verification are **REQUIRED** to compete in the USATF Utah Association JO Championships.

Birth Years: 2015 to 2005

For registration links and information, visit:
utah.usatf.org/disciplines/cross-country



Membership

OPEN RACE & UNDER 6 EXHIBITION RACE

- USATF Membership is recommended, but not required for OPEN or 6 and under race.
- 6 and under are not allowed to compete at USATF JO Nationals.
- 18 & under competing in OPEN race do not qualify for USATF Junior Olympics or Junior Olympic race prizes.
- The OPEN race is limited to the first 150 entries.



Registration

SCHEDULE & AGE DIVISIONS

Course Preview - 9:00-9:50am (please do not run on course during races)

AGE DIVISION	DISTANCE	START TIME
OPEN/15-18 (born 2005-2008)	5km (3.1 mi)	Men & Women - 10:00 am
6 & under (born 2017+)	1km (0.62 mi)	Boys & Girls - 10:30 am
7-8 (born 2015-2016)	2km (1.24 mi)	Girls - 10:45 am Boys - 11:00 am
9-10 (born 2013-2014)	3km (1.86 mi)	Girls - 11:15 am Boys - 11:35 am
11-12 (born 2011-2012)	3km (1.86 mi)	Girls - 11:55 am Boys - 12:15 pm
13-14 (born 2009-2010)	4km (2.48 mi)	Girls - 12:35 pm Boys - 1:05 pm