



# 2022 USATF Utah Association Junior Olympic XC Championships



Saturday, November 12, 2022

Location Valley Regional Park

Meet Website: [Cross Country | USA Track & Field Utah \(usatf.org\)](https://www.usatf.org)

**SCHEDULE & AGE DIVISIONS:**

**Course Preview – 9:00a.m. – 9:50 a.m. (please do not run on the course during the races.)**

Age Division	Distance	Time 10:00a.m. – 1:05p.m.
OPEN*/15-18 (born 2004–2007)	5 km (3.1 miles)	Men & Women 10:00 a.m.
6 & Under (born 2016+)*	1 km (0.62 miles)	Boys & Girls 10:30 a.m.
7-8 (born 2014-2015)	2 km (1.24 miles)	Girls 10:45a.m. Boys 11:00a.m.
9-10 (born 2012-2013)	3 km (1.86 miles)	Girls 11:15a.m. Boys 11:35a.m.
11-12 (born 2010-2011)	3 km (1.86 miles)	Girls 11:55a.m. Boys 12:15p.m.
13-14 (born 2008-2009)	4 km (2.48 miles)	Girls 12:35p.m. Boys 1:05p.m.

**ELIGIBILITY REQUIREMENTS:** *Youth Athletes:* All youth athletes must have a current 2022 USATF membership prior to online registration. If you have not previously had your date of birth verified, upload proof of date of birth to the USATF National office. Note this may take 10 days. Here are instructions on how to Date of Birth Verify. Here is the link that shows how to do age verification. USATF Connect - Member Tutorials - How to add athlete verification documents on Vimeo (vimeopro.com) For club changes and update, athletes or parents must email USATF at [membership@usatf.org](mailto:membership@usatf.org) for all club affiliation updates. This requires 5 business days.

**\*OPEN and 6 & Under Exhibition:** USATF membership is recommended but not required. Participants are not eligible to advance to USATF Junior Olympic Cross Country Championships or for Junior Olympic age division awards. There will be separate awards.

**Teams:** Only registered USATF member clubs may enter a team. All athletes representing the club must be affiliated with that club as part of their USATF membership. To enter a team, a club must complete the team entry/declaration process during online registrations. Only athletes listed on the team declaration roster will be eligible to represent the club at the Association, Regional or National championships.

**COMPETITION BIB NUMBERS:** All competitors must wear their assigned bib numbers during competition, chest high on the front of their jerseys. Bib numbers will be ready for pick-up at 9:00a.m. on the day of the meet and throughout the competition (no need to come too early if in later races).

**RESULTS & AWARDS:** Event results will be posted and awards given within 30 minutes after each age division races. Boys & Girls are scored separately even if they race together. In addition, event results will be posted on [athletic.net](https://athletic.net) and [www.utah.usatf.org](https://www.utah.usatf.org) USATF Junior Olympic medals will be awarded to the top ten individuals in each age division shortly following each race.

**ADVANCEMENTS:** The top two teams and top 15 individuals from each age division will advance directly to the USATF Junior Olympic Cross Country Championships. No regional meet will be held. Meet and entry information is available at [2022 USATF National Junior Olympic Cross Country Championships | USA Track & Field](https://www.usatf.org). The National mee will be held on December 10, 2022 in College Station, TX

#### **ENTRY FEES & DEADLINES:**

**On-line Registration:** Must be completed by **11:59 PM, November 10, 2022 No LATE ENTRIES**  
**ONLY ONLINE ENTRIES WILL BE ACCEPTED FOR BOTH YOUTH & ADULT ATHLETES.**

Please visit [USATF Utah Association Junior Olympic Championships - Registration - Cross Country Meet \(athletic.net\)](https://www.athletic.net/CrossCountry/meet/215726/register), <https://www.athletic.net/CrossCountry/meet/215726/register> to enter – make sure you are only signing up individually if you are unattached. If you are on a team or attached to a USATF club please have your coach sign you up.  
Cost: **\$10.00** per athlete.

**PAYMENTS:** The online entry system accepts credit card payments. **DO NOT Sign up as unattached if your membership is attached to a club.** Your coach can pay for the whole team online or you may pay individually which requires an athlete account.

**\*\*OPEN and 6U ATHLETES:** Registration & Payment will be done online at [athletic.net](https://www.athletic.net/CrossCountry/meet/215729/register) as well – Please visit [USATF Utah Association Open Cross Country Championship and 6 and Under Exhibition - Registration - Cross Country Meet \(athletic.net\)](https://www.athletic.net/CrossCountry/meet/215729/register), [https://www.athletic.net/CrossCountry/meet/215729 /register](https://www.athletic.net/CrossCountry/meet/215729/register)

**CONTACT:** Teren Jameson for registration questions, [president@utah.usatf.org](mailto:president@utah.usatf.org);  
Kris Erickson for membership questions 801-858-1074, [usatf34@gmail.com](mailto:usatf34@gmail.com) or  
Tony Glover, 801-641-9537, [g21tony@netzero.com](mailto:g21tony@netzero.com)

